

MAPS Bible Reading Method

Meditate & Memorize

Meditate simply means to reflect. Take time to think about the truths revealed in your reading. Was there a particular verse that stood out to you? Take time to reflect on what it says and means.

- What is happening in this passage? Take note of the who, what, where, when and why.
- What words, phrases, or ideas seem particularly important, or repeated?
- What does this text say about who God is, who we are, who Jesus is, and how we follow him?
- What is the main point of the passage?
- Is there anything in this passage that doesn't make sense that you might need to explore further?

Apply

- **Head:** How does this passage challenge me to **Think** differently, about God, others, myself, the world?
- **Heart:** How does this passage change my **Desires**, what I want in my life, my family, or in the world?
- **Hands:** What does this passage call me to do, or not do? How should I **Act** on this passage?

Pray

Take time to use your breakdown and application of the text, and ask God to change your heart, mind, and life based on the time you've spent in His Word.

- **Praise:** How is God's goodness revealed in these verses? Take time to praise him for those attributes.
- **Repent:** How do these verses reveal your sin, unbelief, or inadequacy? Spend time talking to God about those things.
- **Ask:** What's one thing you'd like to pray for your life based on what you've read? What's one thing you'd like to pray for someone else based on what you've read? Write out your prayer to the Lord.
- **Yield:** Spend time talking to God about how you want to apply what you've learned.

Share

Commit to share what God has taught you in this time, with at least one other person (friend, teammate, teacher, parent, sibling, etc.). Take time to specifically pray through your schedule for the day, and ask the Lord to direct you by His Spirit in everything you think, say, and do. Finally, ask the Lord for opportunities to share the gospel with others, ask Him for courage from His Spirit to obey, and then be ready to act on the opportunities He provides.